

YRSA Rules (updated May 16, 2015)

U8 Playing Rules

- Playing format is 5 v 5 with goalkeeper
- Substitutions are on the fly
- Game duration is 2 x 20 minute halves
- No throw ins – Pass ins only. The ball **MUST** be passed to a teammate.
- No offside
- Retreat line is the halfway line. The retreat line must be enforced at goal kicks and when the goalie gathers the ball with their hands
- For goal kicks, the ball can be placed anywhere in the penalty area
- To restart the game after a save or gathering of the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet
- The goalkeeper is not allowed to kick or drop kick the ball directly from their hands
- The ball is in play once it is touched by the goalkeepers teammate or once it crosses the retreat line whichever occurs first
- The goalkeeper does not have to wait for the opposition to reach the retreat line to restart the play
- All fouls or handballs result in indirect free kicks. The opposing team must be 5m from the ball
- There are no direct kicks or penalty kicks
- An indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been deliberately kicked to them by a teammate

U9 Playing Rules

- Playing format is 7 v 7 with a goalkeeper. The minimum amount of players on game day is 5 with a goalkeeper. For rep games the opposing team does not need to match (i.e. it could be 7 v 5). For house league, the team with the most players can play with one more than the other team (ie 6 v 5 or 7 v 6)
- Substitutions are allowed at any stoppage of play
- Game duration is 2 x 25 minute halves
- No throw ins – Pass ins only. The ball **MUST** be passed to a teammate.
- No offside
- Retreat line is the final third on each end of the field. The retreat line must be enforced at goal kicks and when the goalie gathers the ball with their hands. The coaches should place cones on the outside of the touch lines
- For goal kicks, the ball can be placed anywhere in the penalty area
- To restart the game after a save or gathering of the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet
- The goalkeeper is not allowed to kick or drop kick the ball directly from their hands
- The ball is in play once it is touched by the goalkeepers teammate or once it crosses the retreat line whichever occurs first
- The goalkeeper does not have to wait for the opposition to reach the retreat line to restart the play
- All fouls or handballs outside of the penalty area result in indirect free kicks. The opposing team must be 5m from the ball
- An indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been deliberately kicked to them by a teammate
- For deliberate or serious acts of handball or fouls and misconducts in the penalty area, a penalty kick is awarded. The ball must be placed 9m from the goal line

U10 Playing Rules

- Playing format is 7 v 7 with a goalkeeper. The minimum amount of players on game day is 5 with a goalkeeper. For rep games the opposing team does not need to match (i.e. it could be 7 v 5). For house league, the team with the most players can play with one more than the other team (ie 6 v 5 or 7 v 6)
- Substitutions are allowed at any stoppage of play
- Game duration is 2 x 25 minute halves
- No throw ins – Pass ins only. The ball **MUST** be passed to a teammate.
- No offside
- Retreat line is the final third on each end of the field. The retreat line must be enforced at goal kicks and when the goalie gathers the ball with their hands. The coaches should place cones on the outside of the touch lines
- For goal kicks, the ball can be placed anywhere in the penalty area
- To restart the game after a save or gathering of the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet
- The goalkeeper is not allowed to kick or drop kick the ball directly from their hands
- The ball is in play once it is touched by the goalkeepers teammate or once it crosses the retreat line whichever occurs first
- The goalkeeper does not have to wait for the opposition to reach the retreat line to restart the play
- All fouls or handballs outside of the penalty area result in indirect free kicks. The opposing team must be 5m from the ball
- An indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been deliberately kicked to them by a teammate
- For deliberate or serious acts of handball or fouls and misconducts in the penalty area, a penalty kick is awarded. The ball must be placed 9m from the goal line

U11 Playing Rules

- Playing format is 9 v 9 with a goalkeeper. The minimum amount of players on game day is 6 with a goalkeeper. For rep games the opposing team does not need to match (i.e. it could be 9 v 6). For house league, the team with the most players can play with one more than the other team (ie 7 v 6, 8 v 7 or 9 v 8)
- Substitutions are allowed at any stoppage of play
- Game duration is 2 x 35 minute halves
- Thrown ins are allowed
- Offside rule is in place
- Retreat line is the final third on each end of the field – the coaches should place cones on the outside of the touch lines. The retreat line is enforced **ONLY** on goal kicks
- For goal kicks, the ball can be placed anywhere in the penalty area
- To restart the game after a save or gathering of the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet
- The goalkeeper is not allowed to kick or drop kick the ball directly from their hands
- On goal kicks, the ball is in play once it is touched by the goalkeepers teammate or once it crosses the retreat line whichever occurs first
- The goalkeeper does not have to wait for the opposition to reach the retreat line to restart the play
- All fouls or handballs outside of the penalty area result in indirect free kicks. The opposing team must be 5m from the ball
- For deliberate or serious acts of handball or fouls and misconducts in the penalty area, a penalty kick is awarded. The ball must be placed 9m from the goal line
- An indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been deliberately kicked to them by a teammate

U12 Playing Rules

- Playing format is 9 v 9 with a goalkeeper. The minimum amount of players on game day is 6 with a goalkeeper. For rep games the opposing team does not need to match (i.e. it could be 9 v 6). For house league, the team with the most players can play with one more than the other team (ie 7 v 6, 8 v 7 or 9 v 8).
- Substitutions are allowed at any stoppage of play
- Game duration is 2 x 35 minute halves
- Thrown ins are allowed
- Offside rule is in place
- Retreat line is the final third on each end of the field – the coaches should place cones on the outside of the touch lines. The retreat line is enforced **ONLY** on goal kicks
- For goal kicks, the ball can be placed anywhere in the penalty area
- To restart the game after a save or gathering of the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet
- The goalkeeper is not allowed to kick or drop kick the ball directly from their hands
- On goal kicks, the ball is in play once it is touched by the goalkeepers teammate or once it crosses the retreat line whichever occurs first
- The goalkeeper does not have to wait for the opposition to reach the retreat line to restart the play
- All fouls or handballs outside of the penalty area result in indirect free kicks. The opposing team must be 5m from the ball
- For deliberate or serious acts of handball or fouls and misconducts in the penalty area, a penalty kick is awarded. The ball must be placed 9m from the goal line
- An indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been deliberately kicked to them by a teammate