



## RECOMMENDATIONS AND GUIDELINES FOR PARENTS



- Follow the hygiene protocols as outlined in a separate document.
- Avoid congregating at facility entry points.
- Remind players to arrive to training dressed and ready, as change rooms will not be available.
- Only one parent/guardian attending soccer activities.
- Parents/guardians to keep a reasonable distance from the field.
- No more than 1 person per 4m<sup>2</sup>.
- Ensure to check-in with coach for completion of attendance at the soccer activity.
- At home, ensure all the player's equipment is washed separately from the other household items.
- Ensure child is healthy and has no sign of COVID-19 symptoms.
- Drop and pickup player while maintaining desired rules and regulations around pick-up/drop-off and being a spectator if allowed.
- Snacks should be discouraged, however if allowed, ensure they are consumed and/or disposed of on site and not taken home.