



TRAINING, EQUIPMENT, SAFETY, AND CLEANING



Players, Coaches, Match Officials & Parents

All King United Soccer Club activities comply with the health and safety protocols as outlined in the Return to Play Guide issued by the Province of Ontario health authorities, Canada Soccer and Ontario Soccer.

All participants:

- It is recommended that all players utilize the “Self-Check” on [Ontario COVID-19 Self-Assessment App](#)
- Bring and use personally marked water bottles to any soccer activity. No sharing of water bottles permitted. Note: Water fountains will be closed.
- Cleaning of equipment and physical distancing will be practiced and conform to recommendations from the Province of Ontario health authorities.
- All equipment will be disinfected before each soccer session. Each coach will be responsible for the managing and cleaning of all equipment within their quadrant.
- The club will provide all balls for players, which is to be stored on site.
- Match Officials do not share pens, cards etc. Where required, wipe down pens with sanitizing wipes after use.
- Each player will be provided with personal pinnies that they do not share and take home and wash. The coach/manager will not be collecting team pinnies and washing them. An alternative can be used of two different shirts (dark and light).
- Must sanitize their hands prior entering and after exiting the field at the strategic placed stations. We strongly advise all participants on site to thoroughly wash or wipe down their personal equipment, towels, clothes, bags, water bottles, white boards, caps, cones and other items they have used or touched immediately after every session.
- Do not share equipment – this includes shin guards, shirts, socks etc.
- Hygiene reminders before each session about cover mouth and nose with arm or tissue, no spitting, and information on proper disposal and hand sanitizer locations. All discarded materials (tissues, wipes, sock tape etc.) will be placed into an approved garbage receptacle and properly identified bins.
- Avoid touching gates, fences, benches, etc. Option to wear gloves; latex (or similar) gloves– discard after each session.
- Consider wearing a mask or a face shield when attending activities. Use this [reference](#) to help with your decision.
 - Avoid touching the mask while using it and clean your hands if you do.
 - Before putting on a mask, clean your hands with soap and water or alcohol-based hand sanitizer.
 - Remove it from behind, discard immediately into a closed bin and then clean your hands with soap and water or alcohol-based hand sanitizer.
 - Cover your mouth and nose with the mask and make sure there are no gaps between your face and the mask.
 - Clean your gloves, mask or shield after each use.
 - Replace the mask with a new one as soon as it is damp and don't reuse single-use masks.



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Electronics

For electronics such as cell phones, tablets, touch screens that could be used by Coaches;

Do not share electronics.

Follow the manufacturer's instructions for all cleaning and disinfection products.

When possible, consider the use of wipeable covers for electronics.

If no manufacturer guidance is available and when possible, consider the use of alcohol-based wipes or sprays containing at least 70% alcohol to disinfect touch screens.

Dry surfaces thoroughly to avoid pooling of liquids.

Facilities/Training

Alcohol- based hand sanitizer, cleaning solution and disposable towels are present and readily accessible for each session.

Prior to entry and at the end of each session, all individuals to properly sanitize hands.

Controlled entry and exit points to the training facility properly identified and strategically placed to ensure physical distancing.

Prior to each session coaches, match officials and parents will be receiving information about the facility, which field entrances will be for entrance and exit of the field to reduce bottlenecks.

The Club Technical Director/Leader is responsible for setting up the training schedule.

Training groups are predetermined beforehand with staggered activity times between different groups to create a 15-minute buffer between sessions and avoid an overlap of players on the field.

Proper protective equipment (mask, gloves) to be worn, when attending to an injured player. First aid kits to be made available at each training location.

Cancellations due to weather conditions are immediately posted on Club social media outlets and communicated to all members through email.

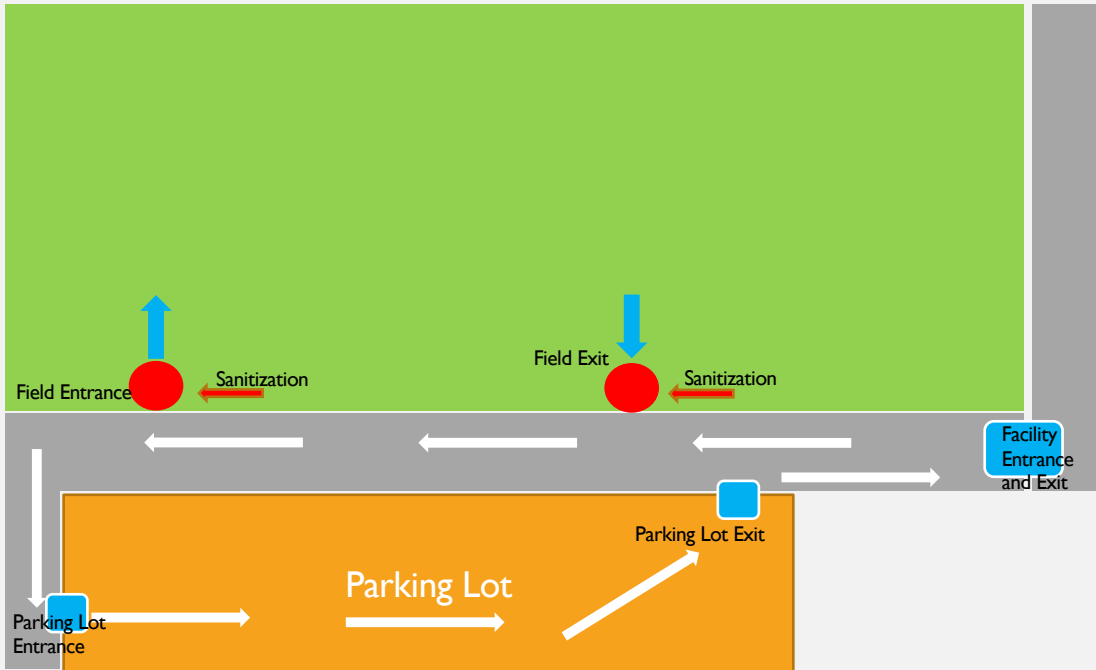
- Parents will not be allowed on the field of play and will be directed to an approved viewing location.

NO gatherings of large groups while activity is taking place allowed. Social/physical distancing measures as set in place by governmental public health authorities will be ensured.

- Attendance form is required to accurately record attendance of staff/players/parents/coaches at each session to assist in contact tracing if required.
- A field marshal will conduct a screening for symptoms of players/parents/coaches before each session.



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If symptoms present, the following steps are followed:

- Individual move to an isolated area (with parent/guardian as necessary).
- Field/facility vacated and sanitized.
- Contact Telehealth Ontario 1-866-797-0000 and advise of situation.
- Defined areas on field, for individual storage of personal items:
 - Ensured spacing of two (2) metres (6 feet) is observed.
 - Place personal items on a hard surface location, which can be easily cleaned and sanitized frequently, away from spectators. i.e., sidewalk, individual plastic bins, plastic covered tabletop.
 - All items brought to the field in easily distinguishable individual player bags, and all items removed at the end of session. Anything left on field to be disposed of promptly and safely.

- Regular communication with field provider to ensure cleaning and that all protocols established are being adhered to.
- Commonly touched surfaces will be cleaned using appropriate sanitizing solution at the beginning and end of each session.
- Food of any type will not be allowed to be consumed at the field/facility.
- Sufficient time is allocated in between sessions to properly sanitize facility.

Note: It is important for insurance and risk management, that all participants are registered in OSCAR, Ontario Soccer's official participant registry.